



2323 Oregon Pike, Lancaster , PA 17601 • 717-569-5396

**Members of Universal Athletic Club staff achieve honors
from Mid-Atlantic Club Management Association (MACMA)**

--Tom Kulp elected president of the Board of Directors
--Jenn Reed wins scholarship

Two of Universal's staff members were recently given honors by the Mid-Atlantic Club Management Association (MACMA).

Universal Executive Director, Tom Kulp, was recently elected president of the MACMA Board of Directors. Kulp said the position is a good resource for Universal members. He explained his presidency will provide an indirect networking opportunity where he can meet with the top club operators in the region and learn about new ideas and services in other clubs. He also hopes to be an advocate for members' rights on a legislative level. Kulp's term will run two years.

Jenn Reed, Universal's Registered Dietitian was awarded an American Council of Exercise (ACE) scholarship to continue her education in physical exercise. Reed already has a background in this field in addition to her dietitian status, however she said she is looking forward to bringing her training up to the next level. Reed explained that she will learn about the very latest research in exercise. Along with her nutritional expertise this knowledge will bring "both pieces to the puzzle" to Universal members.

Reed said this is a big benefit to Universal Members because not only will they have a registered dietitian on their club staff but one who will have a more advanced education in physical fitness.

Founded in 1986, MACMA is a professional network of athletic, health, fitness, racquet and sports clubs throughout Maryland, Virginia, Washington DC, Delaware and Pennsylvania. MACMA's

mission is to promote the interests and address the needs of the industry at a regional level.

Universal Athletic Club is a privately-owned, 90,000 square foot facility located in Lancaster, Pennsylvania. Universal offers fitness programs for all ages and levels.

Universal Athletic Club 2323 Oregon Pike, Lancaster, PA 17601. 717-569-5396.
www.universalathleticclub.com