



Kids Yoga

Combines physical poses to build confidence with breathing to calm. Refreshes the mind and body!

Monkey Business

Kids will be able to tumble, spin and roll through different obstacle courses and games as we stay active and monkey around.

Games Galore

Kids keep fit and develop their gross motor skills with these fun, energetic games that are played with minimal equipment and maximum fun!



Combining a motivating and scientifically proven mix of age-appropriate movement with music, these classes captivate toddlers and fuel a life-long love of physical activity along the way.

YOUTH ATHLETIC CLUB (YAC) Ages 7-11

Boys & girls of all athletic ability levels play a variety of fun activities in this non-competitive, supervised environment. Games include everything from floor hockey, flag football, basketball, dodgeball, kickball and playtime on our famous Incredible Inflatable and more! Kidz Klub staff members will transport your child to YAC. Please sign them in at Kidz Klub desk.

ACTIVITY SCHEDULE (effective Tuesday, September 4th)

updated 9/1/18

MONDAY

10am **Born to Move** **KK Sport Court**
5:30pm **YAC** **KK Sport Court**

TUESDAY

10am **Games Galore** **KK Sport Court**
5:30pm **YAC** **KK Sport Court**

WEDNESDAY

10am **Kids Yoga** **KK Sport Court**
5:30pm **YAC** **KK Sport Court**

THURSDAY

10am **Monkey Business** **KK Sport Court**
5:30pm **YAC** **KK Sport Court**

FRIDAY

10am **Games Galore** **KK Sport Court**

SATURDAY

9:30am **YAC** **KK Sport Court**



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