

Are you tired of being tired during your workout?

Harness the concept of altitude training in only 20 minutes right here at UAC!

FOR EASY WEIGHT LOSS

Live O2 uses an advanced technology known as adaptive contrast training which allows users to experience exercise with oxygen depletion followed by bouts of rich oxygen supplementation on demand. There are many specific protocols to be administered utilizing adaptive contrast which cater to any and all levels of fitness. Live O2 enables users to absorb up to 433% more oxygen into their tissue which greatly increases



Try Live O2 today! Click here to schedule your free demo session.

the amount of energy the body is able produce. By incorporating under an hour of adaptive contrast training into your workout regimen per week- you significantly increase the body's ability to train harder and longer in the gym with less perceived effort and less recovery time. Live O2 not only maximizes athletic performance, it is also proven to reduce internal inflammation, reoxygenate endothelial tissues

and blood, counteract stress and

its harmful effects, facilitate

detoxification and a state of homeostasis, slow the aging process and re-establish natural immunity. These compounding effects will give you an extreme advantage in crushing your weight loss goals this year! If you want to optimize your health and get more out of every single workout, it is time to experience Live O2.

OXYGENATION IS POWER

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