

Member Handbook

club hours

CLUB HOURS

Club Hours

Department hours are subject to change throughout the year.
Please look for postings around the club or on our website.

Club Hours

Monday - Friday 5am-10pm
Saturday 7am-7pm
Sunday 7am-7pm
Visit website for holiday hours

Aquatics Center

Monday - Friday 5am-9:30pm
Saturday 7am-6:30pm
Sunday 7am-6:30pm
Closes 30 min. prior to club on all holidays

Kidz Klub

*Ages 6 months - 11 years.
(No younger infants at this time)*
Monday-Thursday 8am-7:30pm
Friday 8am-1pm
Saturday 8am-1pm
Sunday 9:30am-1pm

BLU Spa & Salon

Monday 9am-8pm
Tuesday - Thursday 9am-9pm
Friday 9am-7pm
Saturday 9am-3pm
Sunday Closed
Call 717-569-6400 to schedule an appointment.

Cafe U

Monday - Thursday 7am-7:30pm
Friday 7am-7pm
Saturday 8am-2pm
Sunday 9am-2pm
Closes 30 minutes prior to club closing on all holidays.

THRIVE Functional Training Center

Sessions by appointment.
Call 717-569-5396 x235
for additional information.

Sports Performance Center

Visit our website or mobile app for Sports Performance classes. Pre-register in advance or call 717-569-5396 x116 for additional information.

Siegenthaler Chiropractor Center

Monday
8am-12:30pm & 3:30pm-7pm
Tuesday
3:30pm-7pm
Wednesday
8am-12:30pm & 3:30pm-7pm
Thursday
3:30pm-7pm
Friday
8am-12:30pm & 3:30pm-6:30pm
Saturday by appointment only
Call 717-569-6099 or visit www.artchiro.com to schedule an appointment.
Complimentary consult offered to UAC members.