## THE VASPER EXPERIENCE

Experience the benefits of an intense 2-hour workout in just 20 minutes without breaking a sweat! Vasper is based on the scientifically-proven principles of compression technology, cooling and interval training to create the effect of high intensity exercise without the time, effort, and muscle damage.

Instead of feeling tired and sore, Vasper leaves you energized and rejuvenated.



Our hormones don't decline because we age, we age because our hormones decline." Do not accept low energy and poor endurance as part of getting older. All you need is more growth hormone, and we know where to get it! HGH happens to be one of the hormones increased by Vasper, and plays a crucial role in our biology. Our anabolic hormone levels (especially HGH) naturally decline in an exponential

fashion beginning after puberty. High HGH is thought to be the cause of the high energy, rapid healing ability, and mental resilience in children. As adults, it is needed to increase bone mass, maximize performance capacity and build muscle- in turns helping to burn fat! Conventionally, natural declines in HGH can be fought by stimulating its release through intensive anaerobic exercise. However, intensive anaerobic exercise

creates a stress and inflammation response to the damage done during the workout, which causes cortisol to spike. Vasper investigated the hormone response after 10-20 Vasper sessions over 4-6 weeks. Vasper was able to increase growth hormone by 14%, increase testosterone by 22.8% and decrease nighttime cortisol by 47%! The ultimate "ant-aging" hormone profile can now be attained with zero damage done.

## **Try Vasper today!**

Click here to schedule your free demo session.

Request free demo session.



Located inside Universal Athletic Club at 2323 Oregon Pike

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